

GNAC CoSIDA ACADEMIC ALL-STARS (Fall 2001 to June 1, 2014)

ALL-AMERICANS

COSIDA

Volleyball

Second Team

Liz Bishop, WWU 2003
Nicola Parker, WWU 2003

Third Team

Janelle Veith, UAA 2001

Men's Soccer

Second Team

Sam Charles, MSUB (F) 2008-09
Adam Jensen, SU (MF) 2006
Tyler Schultz, SPU (MF) 2011
Drew Williams, SPU (MF) 2011

Third Team

Hans Esterhuizen, SU (D) 2006

Women's Soccer

First Team

Jennifer Hull, SPU (GK) 2004
Ana Gutierrez, SU (D) 2006
Claire Grubb, SPU (D) 2008
Jennifer Larsen, MSUB (D) 2012

Second Team

Ashley Porter, SU (MF) 2006-07
Tafara Pulse, SU (MF) 2003
Kristin Maris, WWU (F) 2013

Third Team

Katie McNutt, NNU (F) 2007
Ashton Griffen, WWU (M) 2013
Catherine Miles, WWU (F) 2013

Football

First Team

Garrett Rolsma, CWU (K) 2009

Second Team

Erik Totten, WWU (DB) 2001
Nate Brookreson, CWU (WR) 2005

Women's Basketball

First Team

Martina Kartikova, SMU 2005

Second Team

Danielle Dwello, NNU 2007
Katie Benson, SPU 2013

Third Team

Alira Carpenter, MSUB 2009
Nicole Bozek, UAF 2012
Hanna Johansson, UAA 2012
Suzanna Ohlsen, SPU 2013

Men's Basketball

First Team

Rory Blanche, WWU 2012
David Downs, SPU 2014

Second Team

David Downs, SPU 2012
Teancum Stafford, UAA 2014

Third Team

David Downs, SPU 2013
Liam Gibcus, UAA 2013

Baseball

First Team

Bryce Gardinier, WOU (IF) 2003

Men's Track & Field & Cross Country

First Team

Nathan Carlson, SMU 2005
Alex Harrison, WWU 2012

Second Team

Mike Hinshaw, WOU 2002-03
Tobias Schwoerer, UAA 2002
Paul Mach, SPU 2005
Micah Chelimo, UAA 2012
Nate Seely, SPU 2012
Eric Brill, WWU 2012

Third Team

Brice Roncace, NNU 2002
Will Smith, WOU 2003
Nathan Carlson, SMU 2003
Paul Mach, SPU 2004

Women's Track & Field/XC

First Team

Jessica Pixler, SPU 2008,10

Second Team

Mandy Kaempf, UAA 2006
Teona Perkins, SPU 2007
Jessica Pixler, SPU 2009
Lisa Anderberg, SPU 2010
Natty Plunkett, SPU 2012
Katy Gross, SPU 2012
McKayla Fricker, SPU 2014

Third Team

Holly Conrad, WOU 2003
Sarah Kraybill, SPU 2003
Monica Smith, WOU 2005
Linda Blake, SPU 2006
Jeeni Schantlin, SPU 2009
Ali Worthen, SPU 2012

Golf

Second Team

Xavier Dailly, WWU 2011

Golf (GCAA)

Xavier Dailly, WWU 2010-11
Brian Barhanovich, WWU 2011
Sean Packer, WWU 2008

NAIA

Cross Country

Tara Mathews, SU 2001
Rachelle Conrath, NNU 2001
Kristin Lane, NNU 2001
John Callan, SU 2001
Kevin Lybarger, SU 2001
Brice Roncace, NNU 2001

Soccer

Lindsay Leeder, SU 2001
Nichole Sauvageau, SU 2001
Mariah Moncecchi, NNU 2001
Kendra Thoren, NNU 2001

Basketball

Kristi Lund, NNU 2002
Alison Graham, NNU 2002
Amber Hellberg, NNU 2002
Anna Allen-McGarrah, NNU 2002

Track and Field

Brice Roncace, NNU 2002
Kristi Lund, NNU 2002
Aubrey Metzger, NNU 2002

ALL-DISTRICT

Volleyball

First Team

Liz Bishop, WWU 2002-03
Nicola Parker, WWU 2002-03
Lisa Martini, WOU 2008-09
Janelle Veith, UAA 2001
Tiffany Massey, UAA 2001
Maggie Safranski, SU 2005
Sarah Sommerman, SU 2005
Melissa Mulick, SU 2006

Alyssa Given, SPU 2006
 Tiana Roma, WWU 2006
 Alicia Cazemier, MSUB 2007
 Stacey Bennett, WOU 2008
 Amy Herron, WOU 2009
 Marie Borowikow, UAA 2010
 Emily Jepsen, WWU 2011
 Brooke Tolman, MSUB 2011
 Lindsay Wodrich, SPU 2011
 Shelby Swanson, SPU 2012
 Emily Boerger, WWU 2013

Second Team

Courtney Schneider, WWU 2006-07
 Liz Bishop, WWU 2001
 Mindy Swanson, NNU 2002
 Dori Christensen, SU 2003
 Lizzy Safranski, SU 2003
 Meghan Evoy, WWU 2004
 Sarah Sommerman, SU 2004
 Maggie Safranski, SU 2004
 Melissa Mulick, SU 2005
 Alyssa Given, SPU 2005
 Jenny Burrows, SU 2006
 Nikole Thompson, SU 2006
 Lisa Martini, WOU 2007
 Stacey Bennett, WOU 2007
 Nikki Finley, SPU 2008
 Tiana Roma, WWU 2008
 Brandi Vea, CWU 2009
 Lindsay Wodrich, SPU 2009
 Kathryn Mertens, WWU 2010

Third Team

Alyssa Given, SPU 2007
 Amy Herron, WOU 2008
 Erin Norris, CWU 2009
 Lindsey Wodrich, SPU 2010

Football

First Team

Rob White, WWU (DB) 2002-04
 Greg Dykstra, WWU (WR) 2001-02
 Mike Hinshaw, WOU (WR) 2002-03
 Duncan Sherrard, WWU (RB) 2003-04
 Brett Thomson, WWU (LB) 2002-03
 Ryan Andrews, CWU (DB) 2004-05
 Jon Apgar, WOU (LB) 2004-05
 Nate Brookreson, CWU (WR) 2004-05
 Dane Wagner, WOU (DL) 2004-05
 Jason Buckmier, WOU (DB) 2005-06
 Mike Reilly, CWU (QB) 2007-08
 Johnny Spevak, CWU (WR) 2008-09
 Garrett Rolsma, CWU (K) 2008-09
 Buddy Wood, CWU (LB) 2007,09
 Adam Bighill, CWU (LB) 2009-10
 Scott Mitchell, WWU (QB) 2001
 Nick Giralmo, WWU (OL) 2001
 Erik Totten, WWU (DB) 2001
 Mark Lamoreux, HSU (DL) 2002
 Brad Satran, WOU (WR) 2003

Jake Ostitis, WOU (OL) 2003
 Lucas Taroli, WOU (P) 2003
 Denny Bies, WOU (QB) 2004
 Brian Potucek, CWU (WR) 2004
 Rick Carte, WWU (TE) 2004
 Evan Picton, CWU (OL) 2004
 Matt Palmer, CWU (OL) 2005
 Coby Sadler, CWU (P) 2005
 Chris Scrupps, CWU (DL) 2005
 Kevin Boss, WOU (TE) 2006
 Paul Wright, WOU (OL) 2006
 Brett Rhodes, WOU (OL) 2007
 David Lambo, CWU (OL) 2007
 Jon Rogers, CWU (DB) 2007
 Zach Christopherson, WOU(DB)2007
 Jared Bronson, CWU (TE) 2008
 Michael Petrovich, WOU (DL) 2009
 Brian Walton, WOU (DL) 2011

Men's Soccer

First Team

Adam Jensen, SU (MF) 2004-06
 Sam Charles, MSUB (F) 2007-09
 Andy Wolverton, SPU (MF) 2008-10
 James Ward, SPU (GK) 2003-04
 Hans Esterhuizen, SU (D) 2005-06
 James Coogan, SPU (F) 2006-07
 Drew Macha, SPU (D) 2006-07
 Justin Hoskins, MSUB (MF) 2007-08
 Tom Milroy, MSUB (D) 2008-09
 Blaine Carver, SPU (F) 2012-13
 Erik Skipper, SPU 2001
 Brent Egbert, SPU (MF) 2004
 Alex Chursky, SU (F) 2005
 Andy Willis, SPU (F) 2005
 Jeff Hallenbeck, SPU (MF) 2007
 John Fishbaugher, SU (MF) 2007
 Chris Hodges, SU (D) 2007
 Michael Lockwood, WWU (GK)2007
 Tyler Schultz, SPU (MF) 2011
 Drew Williams, SPU (MF) 2011
 Justin Moore, SPU (F) 2012
 Caleb Nyone, SPU (D) 2012
 Matt Merchant, SPU (M) 2013
 Andrew Weishaar, WWU (F) 2013

Second Team

Chris Andre, MSUB (F) 2010
 Anthony DiNicolo, SFU (D) 2010

Women's Soccer

First Team

Ashley Porter, SU (MF) 2005-07
 Claire Grubbs, SPU (D) 2006-08
 Mary Mulkey, WOU (MF) 2001-02
 Michelle Sanders, SPU (F) 2003-04
 Jennifer Hull, SPU (GK) 2003-04
 Tafara Pulse, SU (MF) 2003-04
 Ana Gutierrez, SU (D) 2005-06
 Katy McNutt, NNU (F) 2006-07

Kelsey Jenkins, SPU (MF) 2009,11
 Jennifer Larsen, MSUB (D) 2011-12
 Kristin Maris, WWU (F) 2012-13
 Mariel Chandler, WOU (F) 2002
 Nichole Sauvageau, SU (MF) 2002
 Kia Crotty, SU (D) 2003
 Jeanie Thomsen, WOU (F) 2003
 Katy Mak, SU (F) 2004
 Jessica Henson, SPU (MF) 2004
 Maureen Wishkoski, SU (D) 2004
 Heidi Jacobson, SPU (F) 2005
 Allison Teague, SPU (MF) 2005
 Kaitlyn Jackson, SU (GK) 2006
 Amanda Font, WWU (MF) 2007
 Kate Edstrom, SU (D) 2007
 Mickey Pelland, SU (D) 2007
 Amanda Peters, NNU (GK) 2007
 Melissa Carlson, MSUB (MF) 2008
 Janie Wurth, SPU (D) 2011
 Josie Graybeal, SPU (D) 2012
 Ali Martin, SPU (F) 2012
 Ashton Griffen, WWU (M) 2013
 Catherine Miles, WWU (F) 2013
 Shayla Page, SPU (D) 2013

Second Team

Sarah Melby, SPU (MF) 2003-04
 Kelly Stewart, SU (GK) 2003-04
 Aubrey Metzger, NNU (F) 2002
 Michelle Sanders, SPU (F) 2002
 Tafara Pulse, SU (MF) 2002
 Sarah Queen, WOU (MF) 2002
 Kendra Thoren, NNU (D) 2002
 Mariel Chandler, WOU (MF) 2003
 Allison Teague, SPU (MF) 2003
 Katie Lim, SPU (D) 2003
 Brianna Murphy, SPU (D) 2003
 Kia Crotty, SU (D) 2004
 Cassy Smith, SU (F) 2006
 Amanda Font, WWU (MF) 2006
 Mollie Taylor, SPU (D) 2006
 Amanda Merrell, NNU (GK) 2006
 Kylie Broadbent, WWU (GK) 2008
 Shannon Oakes, SPU (M) 2008
 Katie Taylor, SPU (D) 2008
 Jocelyn Charette, SPU (F) 2009
 Janie Wurth, SPU (D) 2010
 Aly Benes, SFU (F) 2010

Third Team

Samantha Boehm, MSUB (D) 2009
 Kelsey Jenkins, SPU (M) 2010

Men's Basketball

First Team

David Downs, WWU 2012-14
 Andy Bloom, SU 2004
 Robert Day, WOU 2004
 Kyle Boast, CWU 2005
 Jordan Lee, SPU 2005
 Calin Schell, WWU 2009

Rory Blanche, WWU 2012
 Liam Gibcus, UAA 2013
 Chris Mitchell, WWU 2013
 Jobi Wall, SPU 2013
 Teancum Stafford, UAA 2014
 Riley Stockton, SPU 2014

Second Team

Tony Binetti, SPU 2005-06
 Nick Johnson, SPU 2002
 Brannon Stone, SPU 2002
 Jordan Lee, SPU 2004
 Lance Den Boer, CWU 2006
 Jacob Mitchell, WOU 2007
 Dustin Bremerman, SPU 2007
 Leigh Swanson, SU 2007
 Jake Linton, SMU 2008
 Casey Reed, SPU 2009
 Rory Blanche, WWU 2011
 Jeff Downs, SPU 2011

Women's Basketball

First Team

Bobbi Knudsen, MSUB 2012-14
 Beth Layton, SMU 2005-06
 Katie Benson, SPU 2012, 14
 Suzanna Ohlsen, SPU 2013-14
 Danielle Pridgen Dwello, NNU 05,07
 Kristi Lund, NNU 2003
 Alana Erickson, SMU 2003
 Tessa DeBoer, WWU 2004
 Martina Kartikova, SMU 2005
 Laura Wright, CWU 2006
 Alira Carpenter, MSUB 2009
 Dara Zack, SMU 2009
 Daesha Henderson, SPU 2010
 Kayla Ryan, MSUB 2010
 Caitlyn Rohrbach, SPU 2011
 Nicole Bozek, UAF 2012
 Hanna Johansson, UAA 2012

Second Team

Alison Graham, NNU 2002
 Kristi Lund, NNU 2002
 Kamie Jo Massey, UAA 2004
 Valerie Gustafson, SPU 2004
 Brittney Kroon, SPU 2005
 Laura Wright, CWU 2005
 Libby Magnuson, SPU 2008
 Sade Smith, SMU 2008
 Grace Milliken, UAF 2010
 Caitlyn Rohrbach, SPU 2010

Third Team

Alira Carpenter, MSUB 2008
 Caitlyn Rohrbach, SPU 2009
 Hanna Johansson, UAA 2011

Baseball

First Team

Bryce Gardinier, WOU (IF) 2002-03
 Mark DeLaurier, SMU (DH) 2003'
 Tucker Brack, WOU (IF) 2004
 Ryan Rockhill, CWU (OF) 2005
 Aaron Sutton, WOU (IF) 2007
 Travis Fox, WOU (OF) 2009
 Jason Moseby, WOU (DH) 2010
 Blake Loran, MSUB (1B) 2012

Softball

First Team

Candace Adamo, WWU 2002
 Teresa Bertocchi, HSU (OF) 2003
 Andi Kohlmeyer, WOU (OF) 2003
 Krystal Duncan, SU (C) 2004
 Liz Meyer, SU (OF) 2004
 Lydia Foster, WOU (C) 2006
 Brandi Harrison, HSU (3B) 2006
 Kelli Marek, SU (3B) 2006
 Tracy Motzny, HSU (P) 2006
 Jane Purdy, SU (2B) 2008
 Holly Rossman, CWU (C) 2009
 Liz Wallace, CWU (SS) 2009
 Danielle Monson, CWU (OF) 2010
 Rachelle Berry, WWU (OF) 2012
 Taylor Bakos, SMU (P) 2013
 Aubree Pocklington, SMU (C) 2013
 Lacey McGladrey, SMU (2b) 2014

Second Team

Kara Roberts, HSU (P) 2003
 Heather Kirschbaum, SMU (IF) 2003
 Carrie Ward, SU (IF) 2004
 Andu Kohlemeyer, WOU (OF) 2004
 Stephanie Gosselin, MSUB (OF) 2009

Men's Golf

Xavier Dailly, WWU 2011

Women's Golf

Katie Sharpe, WWU 2011
 Alex Taylor, WWU 2012

Men's Track & Field/XC

First Team

Paul Mach, SPU 2003-05
 Jordan Welling, WWU 2009-11
 Eric Brill, WWU 2010,12
 Nathan Carlson, SMU 2003,05
 Micah Chelimo, UAA 2011,12
 Alex Harrison, WWU 2010,12
 Mike Hinshaw, WOU 2002-03
 Tim LeCount, SPU 2004-05
 Nate Seely, SPU 2011-12
 Lewis Polkow, MSUB 2012-13
 Nathaniel Castle, SPU 2002
 Nick Glancy, SPU 2002

Brice Roncace, NNU 2002
 Tobias Schwoerer, UAA 2002
 Will Smith, WOU 2003
 Jed Kallen-Brown, UAF 2005
 Robert Renninger, SU 2006
 Jason Buckmier, WOU 2006
 Marius Korthauer, UAF 2007
 Michael Madrid, UAA 2007
 Eddie Strickler, SPU 2007
 Keith Lemay, WWU 2008
 Nik Karr, WOU 2009
 Chad Meis, SPU 2010
 Einar Often, UAF 2010
 Anthony Zackery, WWU 2010
 Justin Karr, WOU 2011
 Brandon Snook, WOU 2011
 Shaun Ward, UAA 2012
 Carraig Colahan, WOU 2013
 Alfred Kangogo, UAA 2013
 Chris Olsen, WOU 2013
 Tyson Vanderby, MSUB 2013

Women's Track & Field/XC

First Team

Linda Blake, SPU 2004-06
 Jessica Pixler, SPU 2008-10
 Sarah Kraybill, SPU 2002-03
 Natty Plunkett, SPU 2011-12
 Laura Widman, SPU 2002-03
 Suzie Strickler, SPU 2008,10
 Katy Gross, SPU 2012-13
 Ali Worthen, SPU 2012-13
 Leslie Boyd, UAA 2002
 Stephanie Huffman, SPU 2002
 Alicen Maier, CWU 2002
 Holly Conrad, WOU 2003
 Jamie Witt, SPU 2004
 Karen Dickson, SPU 2005
 Monica Smith, WOU 2005
 Mandy Kaempf, UAA 2006
 Jessica Telleria, WWU 2006
 Stacy Edwards, UAA 2006
 Teona Perkins, SPU 2007
 Karin Rohde, SPU 2007
 Katie Hansen, SU 2008
 Heidi Dimmitt, WWU 2009
 Jeeni Schantin, SPU 2009
 Lisa Anderberg, SPU 2010
 Laura Carr, UAA 2010
 Jane Larson, SPU 2010
 Annan Applebee, WOU 2011
 Heather Edic, UAF 2012
 Haleigh Lloyd, UAA 2012
 Theresia Schnurr, UAF 2012
 Ruth Keino, UAA 2013
 Amanda Schumaker, WOU 2013
 McKayla Fricker, SPU 2014
 Bryn Haebe, UAA 2014

Second Team

Theresia Schnurr, UAF 2010-11

Kelly Fullerton, SU	2003
Kathleen Gosnell, HSU	2003
Allyson Studer, SPU	2003
Julie Thielen, SMU	2003
Jane Larson, SPU	2009
Natty Plunkett, SPU	2010
Katy Gross, SPU	2011
Jennifer Pike, SPU	2011